

Fall 2021

## Letter of Invitation

Project Title: **Long-Term Assessment of Periodontal Health**  
Principal Investigator: **Dr. Wendy E. Ward**, Professor & Canada Research Chair in Bone and Muscle Development, Department of Kinesiology, Brock University

Co-Investigators: **Dr. Peter C. Fritz**, Periodontist & Implant Surgeon, Reconstructive Periodontics and Implant Surgery Clinic, Fonthill, ON  
Adjunct Assistant Professor, Department of Kinesiology, Brock University

Student Investigator: **Larissa Rowdon**, M.Sc. Candidate, Faculty of Applied Health Science, Brock University

You are invited to participate in a research project entitled, **Long-Term Assessment of Periodontal Health**. The main investigators are Dr. Wendy Ward, a Professor & Canada Research Chair in Bone and Muscle Development, and Ms. Larissa Rowdon, a graduate student from the Faculty of Applied Health Sciences at Brock University.

You have been selected to participate in this study because you have either undergone sanative therapy or receive regular cleanings here at Dr. Fritz's clinic. ***The purpose of this study is to determine the long-term periodontal outcomes of patients who have undergone sanative therapy (non-surgical scaling and root planing) and/or receive regular cleanings at the clinic.*** Additionally, we would like to follow you over time to see how any future changes to your dental care may affect your periodontal health. We will provide yearly updates regarding our ongoing research using your data.

Participation in this study would mean allowing us to examine your previous and future medical and chart history that is on file at the clinic to assess any changes in gum health over time. There is no other commitment for participants.

Your participation will help us to determine the long-term periodontal outcomes of patients who attend Dr. Fritz's clinic for sanative therapy and/or regular cleanings. Findings from this study will help clinicians and patients better understand differences in response to treatments as they relate to biological sex and the COVID-19 related clinic closure and may help clinicians and patients in developing strategies to better maintain long-term periodontal health.

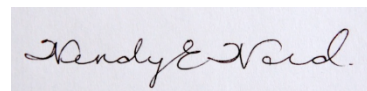
Please note that it is your choice to participate or not participate in this research study.

Participation in this study will not result in any changes to this or any future dental hygiene appointments. Also, your decision will not impact the standard of care that you will receive.

If you have any pertinent questions about your rights as a research participant, please contact the Brock University Office of Research Ethics (905-688-5550 ext. 3035, reb@brocku.ca).

If you have any questions, please feel free to contact me.

Thank you,



Wendy E. Ward

**Principal Investigator:**

Dr. Wendy E. Ward, Professor & Canada Research Chair in Bone and Muscle Development, Department of Kinesiology, Faculty of Applied Health Sciences Brock University  
905-688-5550 (x3024)  
[wward@brocku.ca](mailto:wward@brocku.ca)

**Co-Investigator:**

Dr. Peter C. Fritz, Periodontist & Implant Surgeon Periodontal Wellness & Implant Surgery  
Adjunct Assistant Professor, Department of Kinesiology, Faculty of Applied Health Sciences, Brock University  
[drpeterfritz@me.com](mailto:drpeterfritz@me.com)

**Student Investigator:**

Larissa Rowdon, M.Sc. Candidate, Faculty of Applied Health Sciences  
Brock University  
289-214-4425  
[lr16aq@brocku.ca](mailto:lr16aq@brocku.ca)

**This study has been reviewed and received ethics clearance through the Brock University Ethics Board (21-037)**